



ELLERSLIE AFC – JUNIOR/YOUTH DIVISION 2011 COACH EDUCATION PROGRAM

Course Name: Level 1 – Youth Coaching Award

Reference: 2011_CE4

Details:

- **Date:** Wednesday 1st June
- **Duration:** 1 session of 4 hours
- **Time:** 6pm
- **Venue:** One Tree Hill College
- **Who can register?** Any adult.
- **Cost:** \$50.00 to participant (remaining \$50 funded by Club on application)

Course Outline:

The Youth Coaching Award is aimed at coaches of players aged between 12-19 and provides coaches with the appropriate level of knowledge and skills that will encourage player participation and support age appropriate player development in fun, safe and rewarding environments.

Coaches will be presented with opportunities to participate in and complete practical workshops while distance learning, including both on-line and self-development tasks to be completed in their own coaching environment, will cover:

- Exploring effective coaching strategies
- Understanding players' age related characteristics
- Understanding player centered learning
- Understanding age appropriate player development
- Planning, designing and delivering age appropriate practices

All attendees will receive a Youth Coaching Personal Development Folder (that contains a substantial resource pack) and a catalogue of age-appropriate training activities and games.